

2019 EEX MMM @ TCNJ

SATURDAY AND SUNDAY, June 15 & 16, 2019
Fly over starts WILL be used throughout the meet

MEET SCHEDULE

<u>DAY</u>	<u>SESSION</u>	<u>AGE GROUP</u>	<u>WARM-UP</u>	<u>CHECK-IN</u>	<u>START</u>	<u>COMMENT</u>
SATURDAY	1	ALL 14/UNDERS	8:00AM	8:25AM	9:00AM	
			<i>PLUS WELL ASSIGNMENTS</i>			
SATURDAY	2	ALL 13/OVERS	12:30PM	12:55PM	1:30PM	
			<i>PLUS WELL ASSIGNMENTS</i>			
SATURDAY	3	MIXED 400IM/500FR	XXX	3:30PM	3:45PM	APPROX.
			10 MIN WARM-UP IN MAIN POOL			
SUNDAY	4	MIXED 1650S	7:45AM	8:10AM	8:50AM	
			<i>ONE GENERAL WARM-UP</i>			
SUNDAY	5	9/OVER BOYS	11:05AM	11:25AM	12:00PM	
			TWO 25 MIN WARM-UPS			
SUNDAY	6	9/OVER GIRLS	2:50PM	3:10PM	3:45PM	
			TWO 25 MIN WARM-UPS			

WARM-UP SCHEDULE for SATURDAY

	<u>SAT S/1</u>	<u>SAT: SESSIONS 1 & 2</u>	<u>SATURDAY SESSION 2</u>	<u>SAT/S3</u>
	8:00AM	DIVING WELL	12:30PM	TBA
L1	PTAC	PTAC	PTAC	
L2	PTAC	PTAC	PTAC	GENERAL
L3	NJRC	FOBY	NJRC	
L4	NJRC	FOBY	NJRC	10
L5	FOBY	EEX	FOBY	MINUTE
L6	FOBY/UN-D		FOBY	
L7	EEX		EEX	WARM-UP
L8	All others		EEX/PFY/WW	

The well will be open at all times for warm-up and cool down

WARM-UP SCHEDULE for SUNDAY

	SUNDAY SESSION 4	SUNDAY SESSION 5		SUNDAY SESSION 6	
	7:45AM	11:05AM	11:30AM	2:50PM	3:15PM
L1	GENERAL	NJRC	FOBY	NJRC	PTAC
L2		NJRC	FOBY	NJRC	PTAC
L3	WARM-UP	NJRC	WW	NJRC	PTAC
L4		NJRC	WW	NJRC	PTAC/UN
L5		PTAC	EEX	FOBY	EEX
L6	7:45 TO 8:45AM	PTAC	EEX/SRAY/UN	FOBY	EEX/SRAY/NJBL
L7		PTAC	BGH	FOBY	BGH
L8		PTAC	PAA/PFY	PAA	PFY/WW

The well will be open at all times for warm-up and cool down

TIMING ASSIGNMENTS

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	ALTS:
SAT/ S1	PTAC	NJRC	FOBY	PFY	PTAC	PAA	WW	SRAY	NJRC/DARTERS
SAT/S2	PTAC	NJRC	FOBY	PTAC	NJRC	FOBY	PFY/WW	PTAC	NJRC, FOBY
SAT/S3	<i>Swimmers need their own timers and lap counters</i>								
SUN/ S4	<i>Swimmers need their own timers and lap counters</i>								
SUN/ S5	NJRC	PTAC	FOBY	WW	BGH	PAA/SRAY	PFY	NJRC	PTAC, FOBY
SUN/ S6	NJRC	PTAC	FOBY	PAA	BGH	PFY	WW/SRAY	PTAC	NJRC, FOBY

Any team without a specific assignment needs to be ready to be a back-up timer.

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